

Fear of Weight Gain

Subject Informed Consent Document

Treatment of Fear of Weight Gain in Eating Disorder Patients

Investigator(s) name & address: Dr. Cheri Levinson, University of Louisville, Life Sciences Building Room 317, Louisville, KY 40292

Site(s) where study is to be conducted: Online and Eating and Treatment Laboratory, Life Sciences Building

Phone number for subjects to call for questions: [502-852-7710](tel:502-852-7710)

Introduction and Background Information

You are invited to participate in a research study. The study is being conducted by Dr. Cheri Levinson, Ph.D. The study is sponsored by the University of Louisville, Department of Psychological & Brain Sciences. The study will take place online. Approximately 500 subjects will participate in this study.

Purpose

The purpose of this study is to assess how clinicians understand and address fear of weight gain in eating disorder patients.

Procedures

In this study, you will be asked to complete a series of online questionnaires that ask about your background and therapy treatments you provide to eating disorder patients. One of the questionnaires will also ask if you will allow us to contact you about future studies. These questionnaires will last approximately 20 minutes.

You may choose not to answer any questions that make you uncomfortable, and you may choose to stop being in the study at any time.

Potential Risks

There are risks associated with participating in this study. Those risks are experiencing boredom, fatigue, or discomfort when completing the questionnaires. There may also be unforeseen risks. There are no other foreseeable risks than boredom, fatigue, or discomfort when completing the questionnaires.

Benefits

The possible benefits of this study include an increased knowledge of treatments used in the eating disorders, which could inform interventions and/or preventions for eating disorders. The

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information collected may not benefit you directly. The information learned in this study may be helpful to others.

Compensation

You will be entered into a drawing to win one of two \$100 gift cards to either Amazon or Target (your choice) for your time, inconvenience, or expenses while you are in this study.

Confidentiality

Total privacy cannot be guaranteed. Your privacy will be protected to the extent permitted by law. If the results from this study are published, your name will not be made public. While unlikely, the following may look at the study records:

The University of Louisville Institutional Review Board, Human Subjects Protection Program Office, and Privacy Office
Office for Human Research Protections (OHRP)

Conflict of Interest

This study does not involve a conflict of interest.

Security

Your information will be kept private by this study not collecting any identifying information from you.

Voluntary Participation

Taking part in this study is voluntary. You may choose not to take part at all. If you decide to be in this study you may stop taking part at any time. If you decide not to be in this study or if you stop taking part at any time, you will not lose any benefits for which you may qualify.

You will be told about any changes that may affect your decision to continue in the study.

Termination

The study sponsor has the right to stop this study at any point. Your study sponsor may take you out of this study with or without your approval. Reasons why this may occur include if the PI determines that the study is increasing your distress.

Contact Persons, Research Subject's Rights, Questions, Concerns, and Complaints

If you have any concerns or complaints about the study or the study staff, you have three options.

You may contact the principal investigator at [502-852-7710](tel:502-852-7710) or at cheri.levinson@louisville.edu.

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If you have any questions about your rights as a study subject, questions, concerns or complaints, you may call the Human Subjects Protection Program Office (HSPPO) (502) 852-5188. You may discuss any questions about your rights as a subject, in secret, with a member of the Institutional Review Board (IRB) or the HSPPO staff. The IRB is an independent committee composed of members of the University community, staff of the institutions, as well as lay members of the community not connected with these institutions. The IRB has reviewed this study.

If you want to speak to a person outside the University, you may call 1-877-852-1167. You will be given the chance to talk about any questions, concerns or complaints in secret. This is a 24 hour hot line answered by people who do not work at the University of Louisville.

Acknowledgment

By answering questions in the questionnaires, you are agreeing to participate in this research study.

List of Investigators:

Phone Numbers:

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